

ChiChis And Me Newsletter



— NOVEMBER 2016 —

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November Events

- Adopt a Senior Pet Month. By ASPCA.
- National Pet Awareness Month.
- National Senior Pet Month.
- Pet Cancer Month (sponsored by Animal Cancer Foundation)
- Pet Diabetes Month
- Nov. 6-12, 2016: National Animal Shelter Appreciation Week. by The Humane Society of the United States. First full week of November.
- Nov. 17: National Take a Hike With Your Dog Day.
- National Dog Show (Broadcast in the US Thanksgiving Day)

7 Reasons to Adopt a Senior Chihuahua

1. Shelter dogs need homes as much as any other dog, even more. Because they are older, they are less likely to get adopted.
 2. A senior Chihuahua is not necessarily a problem dog. Senior dogs get abandoned for many different reasons. Sometimes, sadly older dogs have older owners that have died. Someone in the family may have developed allergies, or had a new baby, lost a job or moved to a place that doesn't allow dogs.
 3. Older dogs are usually already house trained and know basic commands.
 4. If not, just know that you CAN teach an old dog new tricks. Dogs can learn at any age and they are just as smart. In some cases It may take them a little longer, however.
 5. Puppies can be overly energetic and a lot of work. Older dogs are calmer and less energetic. Many are good with children that are a little older. If you have a toddler, a Chihuahua at any age is probably not a good idea because of their small size.
- Cont. on pg 2

Meet Our Chi of the Month



Meet PNut He Belongs to Robin Gonzalez

**PNut Loves Ice Cream
Thank you Robin, for sharing PNut with us!**

Your dog could be the next "Chi of the Month" and seen by thousands! We now have over 18K readers and are growing every day, thanks to YOU! Here's how to enter: Just click on the button below and fill out the form. It's as easy as that! If for some reason you can't upload a photo in the form (sometimes the file is too big) Just e-mail the information and the photo to: linda@chichisandme.com
GOOD LUCK!

[ENTER HERE](#)

And The Winner Is:

*Gail J
Gail Won Our October "Fur Mom" Mug*



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7 Reasons to Adopt a Senior Chihuahua

Cont. from pg 1

6. Older dogs are ready made companions. They are ready to accompany you on walks, play fetch and be your snuggle buddy.

7. Lastly, and the biggest reason of all, you may be saving that dogs life. Most people are looking for a puppy or very young dog. The older the dog is the less likely that they will get adopted and more likely to be euthanized.

So, remember this is "Adopt a Senior Pet" month, so if you are looking for a new Chihuahua to bring into your home, why not consider an older one? They will likely richly reward you with love and affection!

November's "Good for Them" Recipe



Doggie Breath Mints

Ingredients

- 2 1/2 cups old-fashioned oats,
- 1/2 cup fresh parsley, finely chopped
- 1/2 cup fresh mint, finely chopped
- 1 large egg (see tip below for dogs with allergies to chicken products)
- 1/4 cup of water, plus 1 teaspoon
- 3 tablespoons coconut oil (unrefined extra-virgin is best)

Directions

Preheat the oven to 325° F

Add oats to a blender and pulse to a flour like consistency. In a large bowl whisk together diced parsley and mint, egg, water, and oil. Add oat flour and stir to combine. Knead dough a few times then turn out onto a lightly floured surface.

Using your hands or a rolling pin, flatten dough to about 1/8" thick. Using a cookie cutter or knife cut out approximately 40 (1-inch) mints. Place mints about 1/4-inch apart on a parchment lined or non-stick cookie sheet. Bake 35-40 minutes, or until golden and crispy.

Allow mints to cool completely before serving. Store in an airtight container.

Tip: For dogs with allergies to chicken products, substitute one large egg with 1/4 cup unsweetened applesauce.

Recipe from: SkinnyMs



This is truly the best pet door on the market! It has 5 star reviews on Amazon. Have you ever been surprised by a critter in the house? That won't happen ever again!

[WATCH VIDEO](#)

Don't miss our Next Contest!
This month we have TWO great give-a-ways! Be sure to check them out and enter!

OK

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How Much Chocolate Does It Take To Be Toxic To My Dog?

I love chocolate! Chocolate candy, chocolate cake, chocolate ice cream, if it's chocolate I love it. Are you a chocolate lover? Humans are not the only ones that love chocolate. Dogs do too. But chocolate is toxic to dogs. How toxic depends on three things:

- The type of chocolate
- The amount of chocolate
- The weight and size of the dog

How much is too much?

It depends on the amount, the type and the weight and size of the dog. It will take a lot of white chocolate to cause a dog to get sick, but only 2 Oz's of baker's chocolate can make a 20-lb. dog very sick! Below is a chocolate toxicity calculator.

To learn more and to find a chocolate toxicity calculator....



How You Can Show Appreciation For Your Local Animal Shelter

November 6-12 2016 is National Animal Shelter Appreciation Week, It was designed to acknowledge and promote the invaluable role shelters play in their communities and to increase public awareness of animal welfare issues and shelter services. Here are just a couple ways you can help.

Be an e-mail Ambassador

Spread a shelter-friendly message every time you hit send—attach a tagline like this one to your signature for all outgoing e-mail messages: Love animals? Support your local shelter!

Volunteer Your Time and Skills

Whether you end up walking pooches, helping at special events or lending your expertise as a newsletter editor, your shelter can match your schedule and talents to their needs. Not only will you be helping animals in your community, but you also will be building knowledge and skills. Call your local shelter and find out how to start volunteering.



SIMPLIFY YOUR LIFE AND SAVE MONEY TOO!

LEARN MORE

SHOW THEM YOU CARE

Show them you care with **NEW! Wholesome Homemade™**

Freshly Made Dehydrated Stew for Dogs

SHOP NOW ▶

MADE IN THE USA

WHOLE vegetables & chunks of meat

Just Add Water!

Makes a Complete & Balanced Meal



Some links in this Newsletter will take you to another website. If you purchase anything I get a small commission. This helps support ChiChis And Me website and this Newsletter. I appreciate all my followers and readers! Thank you!

WOULD YOU PLEASE TAKE THIS SHORT AND FUN SURVEY TO HELP US BETTER SERVE YOU? You'll automatically be entered to win a \$50. VISA gift card!

ENTER



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Turkey Day Foods Ok For Dogs

1. Turkey: Stick to white-meat turkey with no skin or bones.
2. Yummy Yams: Hold the sweets when you serve them to your sweetie pie. Plain yams are rich, delicious, and filled with fiber.
3. Apple Slices: Raw apple slices are a great way to hold your pet over until the main course. Hold the pie, please.
4. Mashed Potatoes: Without the gravy and butter, please! Fatty foods can cause inflammation of the pancreas, but it is okay to serve up some plain mashed potatoes without the skin for your pooch.
5. Corn: Give your pooch a few kernels of corn, and the carbs will keep them from dozing off before you finish your meal! Who knew corn could be a canine energy-booster?

6. Don't Forget the Cranberries: While humans may disagree whether gelatin or sauce recipes are best, dogs know they both taste great! Serve your dog a small amount — watch the sugar content — and they'll get a tasty dose of vitamin C and antioxidants.
8. Vegetables: Make sure your pet leaves room for veggies on their plate. Carrots, broccoli, or string beans are nutrient-packed. Keep it simple by steaming them plain, without seasoning or salt.
9. Pumpkin: Does your pooch have a sweet tooth? Give them plain cooked or canned pumpkin instead of a slice of that pumpkin pie or pie filling.

Turkey Day Foods That Are NOT Ok For Dogs

1. Bread dough: Raw dough could actually rise in your pets sensitive tummy causing discomfort or an even more serious
2. Bread dough: Raw dough could actually rise in your pets sensitive tummy causing discomfort or an even more serious emergency.
3. Cake batter: Raw eggs can cause salmonella infection in your pet, just as it can for anyone in your family. Stick to dog biscuits and kitty treats instead of this sugary concoction.
4. Too much of anything: Little tastes of human food could cause stomach pains, diarrhea and even pancreatitis in your pet. The same goes for you, you should both practice moderation!



5. Wrappings: Dispose of aluminum foil, plastic wrap and wax paper. While licking up food left on these wrappings pets can ingest some of the wrapper, leading to intestinal obstructions. Also, look out for tooth picks, skewers and used silverware.
6. Hot food: When carrying hot food from the stove or to the table, be sure little Fluffy isn't taking that moment to weave through your legs.

- Source: ASPCA.org

AND THE WINNER IS: Esther W!

Esther won our \$25.00 Visa Gift Card
Give-A-Way!

Didn't Win? No worries, find out what our next
give-a-way prize is:

CLICK >

HAVE A GREAT NOVEMBER!